

KRR PIK ACTIVITIES ON ADOLESCENT KNOWLEDGE RELATED TO FREE SEX

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ABSTRAK

pendidikan di kabupaten Temanggung. Perilaku seksual adalah tindakan yang dipengaruhi oleh hasrat seksual terhadap halaman. Tujuan penelitian ini adalah untuk mengetahui pengaruh kegiatan PIK-KRR terhadap pengetahuan remaja terkait seks bebas di SMPN 2 Kandangan, Kabupaten Temanggung. Jenis penelitian ini menggunakan desain penelitian total sampling dengan desain one-group pretest-posttest untuk mengetahui pengaruh kegiatan konseling PIK-KRR terhadap peningkatan pengetahuan seks bebas di SMP N 2 Kandangan dengan memberikan tes sebelum dan sesudah intervensi diberikan. Populasi dalam penelitian ini adalah siswa kelas VII SMP N 2 Kabupaten Kandangan Temanggung dengan jumlah 92 siswa. Teknik pengumpulan data penelitian menggunakan total sampling. Uji statistik yang digunakan dalam penelitian ini adalah uji Wilcoxon dengan menunjukkan hasil p-value $0,000 < 0,05$ yang berarti H_a diterima, artinya terdapat Pengaruh program PIK-KRR terhadap Pengetahuan Remaja Terkait Seks Bebas di SMPN 2 Kabupaten Kandangan.

Kata Kunci : Seksual, Remaja, Program, Seks Bebas, Pengetahuan

ABSTRACT

PIK-KRR is one of the programs developed by the GENRE organization which focuses on free sex education in the Temanggung district. Sexual behavior is an act that is influenced by sexual desire towards the lawn. The purpose of the study is to determine the influence of PIK-KRR activities on adolescents' knowledge related to free sex at SMPN 2 Kandangan, Temanggung Regency. This type of study uses a total sampling research design with a one-group pretest-posttest design to determine the influence of PIK-KRR counseling activities on increasing knowledge of free sex in SMP N 2 Kandangan by giving a test before and after the intervention is given. The population in this study is grade VII students of SMP N 2 Kandangan Regency Temanggung with a total of 92 students. The research data collection technique uses total sampling. The statistical test used in this study is the Wilcoxon test by shows the result of a p-value of $0.000 < 0.05$ which means H_a is accepted, meaning that there is an Influence of the PIK-KRR program on Adolescent Knowledge Related to Free Sex at SMPN 2 Kandangan Regency.

Keywords : Sexual, Teens, Programs, Free Sex, Knowledge

INTRODUCTION

Sex before marriage is one of the acts that happens in all countries, including Indonesia. Nowadays, the number of victims of sexual crimes in adolescents is quite high, which increases the risk of getting a malignant sexually related disease, namely HIV. In addition, sex outside of marriage also increases the number of pregnancies, and abortion rates are increasing for an age that is not yet in time or is still said to be at an early age. Sexual behavior is an act that is influenced by sexual desire for the opposite sex. People can be interested in others in real life, in imagination, or even in themselves (Lestari & Awaru, 2020).

Sadly, free sex is often carried out by teenagers who are not married and sometimes not ready to have a relationship with the opposite sex, where this adolescent phase is a transition period to adulthood that was previously childhood. This phase is the period of physical maturity and the organs that function for reproduction include primary sex and secondary sex (Rosalina, 2019).

According to the World Organization (WHO), about 16 million adolescents in various middle- and low-income countries give birth every year, and, likely, around a million adolescents who are still 15-19 years old carry out pregnancy deprivation that is not by the recommendations every year. From the data (Risksdes 2018), in Indonesia adolescents with a magnitude of 4.5% of males and 0.7% of females who are still 15-19 years old admit that they have had sex in when he was not married. The concern that exists at that age is that teenagers are not ready or do not have a view of life with their readiness to live in relationships. So it is very risky to carry out a courtship style regardless of healthy relationships, including dating with sex (Andriani et al., 2022).

Research conducted by Rochim et al (2019) said that health education makes this an integral part of the health program, both in the community and individual or private businesses.

Knowledge is the perception produced by humans of an object from their five senses, namely sight, smell, hearing, touch, and taste (Muflih & Endang Nurul Syafitri, 2018).

Research conducted by Harismayanti et al (2023) said that in adolescence there is a significant influence between socialization on the level of knowledge related to free sex in early adolescence which ranges from 12-15 years old which also shows that early adolescence is a time when they can receive information well.

Premarital sexual activity is a way for adolescents to realize their sexual desires where there are mature sexual organs due to touching, kissing, dating, and sexual contact outside of marriage. The Indonesian Demographic and Health Survey (SDKI) argues that there is an increase in adolescent sexual behavior by 4.5% of women and 8.3% of men, carried out before marriage, namely from the age of 11 to 24 years.

PIK-KRR is a forum for program activities created by BKKBN (National Family Planning Population Agency) which is managed by, by, and for adolescents and is useful for providing reproductive health information and counseling services as well as family planning preparation. The Center for Information and Counseling for Adolescents better known as PIK-KRR is carried out by an organization called GENRE (Generation Planning). PIK Remaja itself is a generic name that was deliberately created to attract teenagers to come to the Youth Information and Counseling Center to discuss and share

adolescent problems with interesting discussions.

Based on a study conducted by researchers conducting interviews with several students at SMP Negeri 2 Kandangan Temanggung Regency, many students still do not know about the occurrence of free sex around them, even though some teenagers admitted that they do not know the impact of having free sex. This school has also become a destination or spotlight by genre forums (organizations) related to the incidence of KTD (unwanted events) experienced by teenagers in the past year. 3 young women are unable to continue their studies because they are declared pregnant out of wedlock due to a lack of knowledge or understanding of the impact of free-sex behavior.

The purpose of this study is to analyze the influence of PIK-KRR activities of free sex education on the level of adolescent knowledge about free sex at SMP Negeri 2 Kandangan. Therefore, based on the above background, the researcher is interested in researching "PIK-KRR activities on adolescent knowledge related to free sex".

METHOD

This type of research uses quantitative research of *quasi-experimental* design with *one group pretest-posttest design*. The design aims to understand the influence of PIK-KRR counseling activities on increasing knowledge about free sex at SMP Negeri 2 Kandangan, Temanggung district by giving tests before and after interventions to identify the influence of PIK-KRR activities. The population in this study is grade VII students of SMP Negeri 2 Kandangan, Temanggung Regency, with a sample of 92 students. Sampling was carried out on a *total* sampling basis. The research was conducted in May

2024. This research instrument uses a knowledge questionnaire in the form of a questionnaire, attendance sheet, and observation sheet.

RESULT AND DISCUSSION

Result

Table 1. Attributed Frequency Characteristics Age and Gender of Respondents.

Variable	F	Percentage
Age		
12 Years	0	0%
13 Years	5	5,4%
14 Years	79	87,3%
15 Years	7	7,6%
Total	92	100%
Gender		
Woman	43	46,7%
Man	49	53,3%
Total	92	100%

From Table 1. The results were obtained from 92 respondents, the most at the age of 14 years with a total of 79 respondents (87.3%). Meanwhile, based on gender, most respondents were male gender as many as 47 respondents (53.3%).

Table 2. Frequency Distribution of Respondents on the Level of Knowledge about Free Sex Before the Intervention

Category	Frequency	Percentage
Good	2	2,1%
Enough	48	52,19%
Less	42	45,72%
Total	92	100%

Table 2. The results of 92 respondents were obtained from 2 respondents (2.1%) who had good knowledge, as many as 48 respondents (52.17%) had a sufficient level of knowledge and 42 respondents (45.54%) had a low level of knowledge.

Table 3. Distribution of Respondents' Frequency of Knowledge Level about Free Sex After Intervention.

Category	Frequency	Percentage
Good	92	100%
Enough	0	0%
Less	0	0%
Total	92	100%

From table 3. The results of 92 respondents were obtained from 92 respondents (100%) had good knowledge, as many as 0 respondents (0%) had a sufficient level of knowledge and respondents (0%) had a low level of knowledge.

Bivariate yield

From the normality test used, namely *Kolmogorov Smirnov*, because the number of sampel used was more than 50, with the result of a *p-value* of <0.05 that could be distributed abnormally, then H_0 was rejected and H_a was accepted, which means that there is an influence of PIK-KRR activities on the level of knowledge related to free sex in adolescents.

Table 4. *Wilcoxon statistical test*

	N	Mean Rank	Sum of Ranks	posttest-prettest Z	Asymp. Sig. (2-tailed)
Posttest-prettest Negative Ranks	0 ^a	.00	.00		
Posttest-prettest Positif Ranks	92 ^b	46.50	4278.00		
Posttest-prettest Ties	0 ^c			-8.356 ^b	.000
Total	92				

From table 4, the result of *p-value* (asymptotic, 2-tailed) of 0.000 which is less than the critical limit of the study $0.000 < 0.05$ so that the hypothesis decision is H_a accepted and H_0 rejected. Which shows that there is a significant influence on the influence of PIK-KRR activities on the level of

knowledge related to free sex in adolescents

Discussion

Based on the resulting study, it shows that most of the respondents are 14 years old. Then the rest are 13 years old and 15 years old, in the age range of 12-15 years is the age that is preparing for the development of a person's soul and tends to start having questions in him both about life and about freedom. Adolescents at the age of 12-15 years are adolescents at an early age, where they want to find out various things and begin to find themselves as free individuals who can determine attitudes, opinions and desires, as well as social patterns that have led to sexual behavior (Suherni et al., 2020)

The results of this study are in accordance with which in this case shows that in adolescence there is a significant influence between socialization on the level of knowledge related to free sex in early adolescence which ranges from the age of 12-15 years from the study also shows that early adolescence is the time when information can be received well. This is also seen from gender, age, and knowledge that physically, psychologically, and socially lead them to a mindset that can plunge into free sex. Wardiati 2021 said that the majority of adolescents engage in various sexual attitudes starting from the age of 12-15 years old and are said to be early adolescents. The sexual behavior they do is driven by curiosity and lack of knowledge about the impact and factors. Free sex is a behavior carried out by teenagers starting from kissing, holding hands, fingering, and also pitting which is

driven by the sexual desire of the opposite sex which leads to sexual intercourse before they get married.

Based on this study, it shows that most respondents are male and the rest are female. However, this study resulted in increased knowledge for the highest number of female respondents when juxtaposed with men. This research is in line with the research conducted (Tantry et al., 2019) mentioned that there was a significant relationship between the level of knowledge and gender. Gender contributes to knowledge related to free sex in adolescents. The greater level of knowledge of women is likely due to the high level of interest and quick absorption of information because they can focus more on material related to free sex. In addition, research from (Finamore et al., 2021) It also shows that there is a sexual influence on adolescents with gender. The respondents who received the most sexual education information were women. They get a lot of information by asking questions during sexual education by teachers or institutions, parents, friends, and social media.

The knowledge of adolescents in the cage area is very minimal because there is no PIK-KRR program from the GENRE organization about free sex education. The level of knowledge of the respondents is most included in the category, then the category is less and in the last order, there is the good category. Teenagers do not fully understand what free sex is and what its impact is, so their knowledge is also limited. After being given the PIK-KRR program to adolescents, there was an increase in the level of knowledge. Based on the results of the research, the level of knowledge of

the respondents is good. So it can be concluded that with the PIK-KRR program, adolescents' knowledge can increase and be much better than before they were given material.

This research is in line with research from (Wijayanti et al., 2024) that the PIK-KRR program can increase the knowledge of adolescents. Knowledge will increase with the amount of information received by a person that can be obtained from various sources such as educational programs, mass media, education, demos, books, posters, friends, and so on. To obtain good knowledge, a person must sense a certain object that occurs through the five senses, but most of the knowledge is obtained through the eyes and ears. Because there are still many adolescents with sufficient or even insufficient knowledge related to free sex knowledge, education needs to be carried out so that adolescents can better understand Adolescent Reproductive Health (KRR), especially about free sex to avoid KTD, such as providing KRR material in lessons or being able to go through an organization. So that free sex that can cause KTD can be resolved properly (Aulya et al., 2021)

PIK-KRR activities carried out by GENRE organizations can affect adolescents' knowledge related to free sex. Thus, the hypothesis decision is that H_a is accepted and H_0 is rejected. This shows that there is an influence on the level of knowledge related to free sex in adolescents. The change in the level of adolescent knowledge before and after the provision of information interventions with good knowledge outcomes increased from (2.1%) to (100%). The level of knowledge of

adolescents is obtained by a process starting from the adolescent knowing, then understood, then applied and analyzed in the adolescent itself, so that with the existence of the PIK-KRR program, they should know and it is a good start for them to be able to know about what free sex is, the factors that cause free sex, the impact of free sex, how to avoid free sex and can be applied in their lives by avoiding free sex

This result is in line with research conducted by Madinah et al., 2017 where educational programs in the form of socialization related to free sex in adolescents are very effective in increasing knowledge in adolescents. Health counseling is essentially an activity or effort to convey health messages to the community, group or individual. With this message, it is hoped that the community, group or individual can gain knowledge about good health.

The importance of reproductive health education, which is the PIK-KRR program, is unified. Maintained reproductive health is part of providing this information for free sex that results in pregnancy outside of wedlock and early marriage. Therefore, it is necessary to develop the right communication, information, and education activity programs to grow awareness, and increase weighty knowledge, willingness, and behavior that are more well-cultured (Medina et al., 2017).

CONCLUSION

From the results of the Wilcoxon test, the results were obtained with a result of $0.000 < 0.05$ so that the hypothesis decision was H_a accepted and H_0 was rejected, namely there

was a significant influence on the influence of PIK-KRR activities on the level of knowledge related to free sex in adolescents. The existence of information about free sex by GENRE is expected to increase knowledge related to free sex so that teenagers are more understanding and more careful so as not to fall into free sex which can result in KTD.

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